

## First Aid and medication

All settings should have an adequate number of qualified first-aiders. Parents/carers should be informed when first aid has been administered.

Any leader may be asked to become a qualified first-aider or to provide support to cadets with medical conditions, including the administering of medicines, but they cannot be required to do so unless this forms part of their role as a leader.

Leaders should receive sufficient and suitable training and achieve the necessary level of competency before they take on responsibility to support cadets with medical conditions.

Advice on managing medicines is included in the [statutory guidance on supporting pupils at school](#) with medical conditions. In circumstances where a cadet needs medication regularly, this would usually be recorded in their [individual healthcare plan](#).

This provides details of the level and type of support a cadet needs to manage effectively their medical condition in cadets and should include information about the medicine to be administered, the correct dosage and any storage requirements. Cadets who are deemed competent by their parent or carer should be encouraged to take responsibility for managing their own medicines and procedures.

This could include for example, the application of any ointment or sun cream, or use of inhalers or Epi-pens.

If a leader is concerned or uncertain about the amount or type of medication being given to a cadet this should be discussed with the *Named Person* responsible for Safeguarding.

When travelling to camp or to community events any medication needed is the responsibility of the cadet, on the way to, during and on the way back from any event. Any medication needs will be documented on the health and permission form for the event. Further information in relation to this can be found in our overnight stays and events guidance.

Leaders taking medication which may affect their ability to care for cadets should seek medical advice regarding their suitability to do so and Force Coordinators and Unit Leaders should ensure that they only work directly with cadets if that advice confirms that the medication is unlikely to impair their ability to look after cadets. If the leader has concerns about this then it should be discussed in confidence with the unit leader or named person responsible for safeguarding so that adjustments can be put in place and activities risk assessed appropriately.

Any risk assessment is likely to recommend that **ANY** medication on the premises must be securely stored, and out of reach of children at all times.